

CYO Volleyball - 2013 Rules & Regulations

<u>Division</u>	<u>Entry Fee</u>	<u>Official Fee</u>	<u>Set Length</u>	<u>Birthdate must be on or after</u>
Subnovice	\$165	\$30	No time	1/1/03
Novice	\$165	\$30	No time	1/1/02
Bantam	\$165	\$30	No time	1/1/01
Rookie	\$165	\$30	No time	1/1/00
Intermediate	\$165	\$34	No time	1/1/99
Tyro	\$165	\$34	No time	1/1/97
Junior	\$165	\$34	No time	1/1/95

1. All regular season matches will be officiated by one official. Teams split official's fee, i.e., \$15.00 from each team, or \$17 from each team.
2. A volleyball match consists of 3 sets. All 3 sets must be played and standings are according to sets, not matches. All divisions will play rally scoring and have no time limit.

Uniforms

1. All players must be in a uniform shirt. The shirt must be the same style and color for all players. There should be a 4-inch number on the front centered and 6-inch number on the back centered on each shirt. Numbers can range from 1 to 99. Numbers should be a contrasting color from the shirt. Parish name should be on the shirt.
2. All players must wear acceptable shorts or sweat pants. All team players must wear the same color shorts. No jeans or cut off shorts. Spandex shorts may be worn underneath the uniform short and should be the same color as the uniform short.
3. All players must wear proper athletic sneakers. No player should play in a wedge-style sneaker or street shoes with rubber soles. Sneakers should be laced and tied properly.
4. Kneepads are recommended and should be part of the uniform.
5. NO JEWELRY should be worn during sets/or warm-ups. This includes the rubber bracelets, hair bands, rubber bands, etc. on wrists. NO taped ears.

Equipment

1. Home team will provide official leather game volleyball, regulation net set up, and visible score. Scorekeeper may be provided by either team. Subnovice division will use the official "liter" volleyball for all sets.
2. All poles for the net should be padded. Referee stand should also have some type of padding. Net height should be according to NCAA standards. Any exposed net cables should be covered and padded.
3. Regulation score sheets should be used by all teams, as well as regulation line-up sheets.

Rules

1. The winning team must win by a margin of two points. All divisions will play rally scoring. Subnovice, novice, bantam and rookie divisions play to 21 points and have a 23-point cap. Intermediate and high school play to 25 points and have a 27-point cap on all sets.
2. A set may be played with 5 players – no less. If a team has less than 5 players, that team must forfeit the set. **NO PLAYOFF OR FINAL MATCH WILL BE PLAYED WITH LESS THAN SIX PLAYERS.**
3. All divisions will play with a maximum of 12 substitutions per set.
4. Game time is forfeit time for first set. At least 5 players must be at courtside and ready to play at match time or when previous match ends. Second set is declared a forfeit 15 minutes after match time. Third set is declared a forfeit 30 minutes after match time. Obviously, if a team is delayed and has called to let home team know, special consideration will be given.
5. Forfeiting two matches by any one team will result in that team being eliminated from playoff competition.
6. Standings are kept by sets won and lost, not matches.
7. Please consult with volleyball coordinator regarding waivers, additions to rosters, etc. Waivers will be granted on a case-to-case basis. After 2 years, a player playing with the same parish becomes grandfathered, meaning they are considered a parish player.

Special Modifications

1. Subnovice division only will use the “liter” volleyball for all sets. All other divisions will use standard volleyball.

2. Service measurements:

Subnovice & Novice – 20 feet from the centerline

Bantam – 5 feet inside the court from end line

Rookie & above – regular service from behind end line

Both sides of the court should have the correct measured markings for service (either a line, a piece of lift-up tape to mark correct distance, etc.). Please remember that the service line runs from sideline to sideline. Service can be from anywhere behind that line.

3. All subnovice, novice and bantam teams may serve from the hand. (Ball can be held in the hand when contacted for serve.) Rookie and above – hand holding ball must come away from ball before player contacts ball for service. Ball cannot be held in the hand to serve.

4. Subnovice, novice and bantam teams may use a second toss for service if needed. The additional toss for serve will be granted as long as the referee deemed the first toss a try for service. Rookie and above will have only one toss for serve. All divisions will have eight (8) seconds to serve the ball.

5. All divisions will use rally scoring. A point will be scored on side outs as well as on a serve. We will use a libero player at the intermediate and high school level only.

6. All divisions will use the let serve. If a served ball hits/touches/grazes the net on a serve and continues over the other side, it is a good serve and must be played. If ball hits net on a serve and does not continue over, then serve is no good and a side out occurs.

7. The Intermediate, Tyro and Junior divisions may use a libero player. The libero uniform shirt must be a contrast color to the team uniform shirt. The libero uniform must have a number on front and back of shirt. The libero player may serve in one position in each set. The libero player will follow the rules in the NCAA rule book, except for certain CYO modifications.

Organizational Notes

1. Any scheduling changes must be approved by the volleyball coordinator. Changes should only be made if there is a parish function, CYO basketball playoff game, loss of gym or bad weather. Volleyball coordinator will re-schedule those games.
2. Rosters are due by February 5, 2013. If you have more than one team in a division, please make sure you correctly label on the roster which team is which. If you made a special request to identify teams, I will accommodate you. If no mention is made, they will be labeled the colors of parish uniform.
3. Additions to rosters can be made up until February 15, 2013.
4. Standings should be e-mailed to the coordinator at the end of the season. Since most teams make playoffs, teams are seeded according to standings. No standings, team is seeded last.
5. There may be some TBS (to be scheduled) matches on your schedule. Unfortunately, there is not enough gym time to accommodate all matches. These TBS matches are the responsibility of the parish volleyball coordinators and matches must be made up before the end of the season. If they are not made up, it will be considered a forfeit for both teams.
6. If a team forfeits, the total match fee is paid by the forfeiting team. The parish volleyball contact person must send the forfeit fee directly to the volleyball official. The CYO volleyball coordinator will supply all the necessary information. I ask that this be taken care of within two weeks of the forfeit.
7. Questions regarding eligibility of athletes are not decided by the referee at the site. Protests should be made before the start of the match, all information noted on the score sheet and called into the coordinator. A written protest with copies of the score sheet and roster must follow immediately. If it is found that an ineligible athlete has competed, the matches in which that athlete participated will be declared a forfeit.
8. You cannot protest a set because of a referee's judgment call.
9. All matches are officiated according to NCAA rules, with the exceptions noted on the fact sheet.

I ask that you keep me informed of what is going on. I will try to be around to all the sites, so expect to see me at some point during the season. If not, I am only a phone call away. Remember, our objective is for the kids to learn to play and love the game of volleyball. If you need me, don't hesitate to call. Enjoy the volleyball season and good luck to all!

Officiating Fact Sheet

Subnovice (4th grade and lower) (Be flexible with this division—first time most girls play volleyball)

1. Use “liter” ball for all sets.
2. Rally scoring. 3 21-point sets, win by 2, 23 cap for each set.
3. Let serve will be used. Service line is 20 feet from centerline. Ball may be held in hand to serve. This division may use a second toss for service. 8 seconds to serve ball.
4. No libero player. 12 substitutions per set.

Novice (5th grade) (Again, leniency but need to know right way to pass ball, fingertip control, etc.)

1. Use regulation volleyball.
2. Rally scoring. 3 21-point sets, win by 2, 23 cap for each set.
3. Let serve will be used. Service line is 20 feet from centerline. Ball may be held in hand to serve. This division may use a second toss for service. 8 seconds to serve ball.
4. No libero player. 12 substitutions per set.

Bantam (6th grade) (Should be able to pass ball correctly, give leniency with fingertip control. Should be aware of basic rules of volleyball – except if new team.)

1. Use regulation volleyball.
2. Rally scoring. 3 21-point sets, win by 2, 23 point cap for each set.
3. Let serve will be used. Service line is 5 feet from original service line. Ball may be held in hand to serve. This division may use a second toss for service. 8 seconds to serve ball.
4. No libero player. 12 substitutions per set.

Rookie (7th grade) (Aware of rules of volleyball, except if new team, leniency with setting, if they are trying it)

1. Use regulation volleyball.
2. Rally scoring. 3 21-point sets, win by 2, 23 point cap for each set.
3. Let serve will be used. Must serve from behind original service line. Ball cannot be held in hand for service. One toss for serve, 8 seconds to serve ball.
4. No libero player. 12 substitutions per set.

Intermediate (8th grade) (Should be able to play volleyball, rules of game enforced, etc.)

1. Use regulation volleyball.
2. Rally scoring. 3 25-point sets, win by 2, 27 point cap for each set.
3. Let serve used. Must serve from behind original service line. Ball cannot be held in hand for service. One toss for serve, 8 second to serve ball.
4. Libero player can be used. 12 substitutions per set.

High School (9th grade & above)

1. Officiate like a high school match.
2. Rally scoring. 3 25-point sets, win by 2, 27 point cap for each set.
3. Libero player can be used. 12 substitutions per set.
4. Rules of games should be enforced. Be diplomatic with out of position, overlapping, etc. Preventive officiating is strongly recommended. Explain rule to coach and players, since most are not familiar with all volleyball rules.

In all divisions, third set is **NOT** a deciding set; therefore, teams **will not switch sides during third set**. Before third set, you may call captains again for coin toss to decide serve/receive/side.

Coaches at all levels are volunteers and are not familiar with all the intricate rules of volleyball. I would ask that you be patient with them, explain the rules (NOT judgment calls) and enforce them correctly. If you have a problem, don't hesitate to call me. There are a number of new teams at all the levels. If the set becomes extremely lopsided, please use common sense on your calls.

LIBERO INFORMATION

Libero is an option – you don't have to use the position.

Uniform:

Libero shirt should be a CONTRASTING color to the team uniform shirt.

Libero shirt should have a centered number on the front & back.

Libero shirt should have its' own number.

Court Position:

Libero can only replace a back row player.

When libero rotates to front row, libero must be replaced only by the player libero went in for.

Libero exchange is made between ten foot line and end line.

Libero may serve in one position in a set.

CYO Modification:

According to NCAA rules, each libero player on a team must have their own libero shirt with a designated number. For CYO purposes only, each team using a libero can have one shirt with a separate number from other team shirts. That libero shirt may be exchanged between sets to give more players a chance to play the libero position. Libero shirt may NOT be exchanged DURING a set.

Scorekeeping:

Libero is tracked by the Libero Tracking Sheet; libero is not a formal substitution.

On volleyball score sheet, when libero serves, place a triangle around the serving position number. Any served points scored by the libero are designated by the point in a triangle (instead of a circle).